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## [Defending the commons: news from the Nyeli movement](#)

Nyeli, a platform for the international movement for food sovereignty, launched a new issue of its newsletter last December. This time focusing on “**Forests, foraging and the commons**”, the newsletter reflects on the importance of forests, wild plants and the commons to people’s and communities’ food sovereignty. It also shares several experiences from different parts of the world. “Protecting and regenerating diverse natural environments and ways of eating and living in harmony with these environments are **essential elements of food sovereignty**. Equally important, **they are a direct form of resistance to the commodification and financialisation of nature, and to capitalist markets**”.

Access the newsletter in English here:

<http://www.nyeleni.org/>